

For more information about LaCare,

visit us online at www.lacarelouisiana.com

To enroll, please contact BAYOU HEALTH:

Toll Free: **I-855-BAYOU-4U** (I-855-229-6848 – M-F 8 a.m. to 5 p.m.)

TTY: **I-855-LAMed4Me** (I-855-526-3346 - M-F 8 a.m. to 5 p.m.)

Online: www.BAYOUHEALTH.com





THE HEALTH CARE YOU DESERVE...



YOUR HEALTH CARE NEEDS ARE UNIQUE

LaCare offers a complete network of health care providers to address your specific needs. We have relationships with **LSU Health System** and its respective primary care and specialty clinics.

LaCare specializes in complete care for the whole family. We offer everything from preventive care to lifesaving efforts. Our goal is to connect you with care when you need it. Our network includes:

- More than 509 primary care providers
- 37 pediatricians
- More than 1500 specialty care providers

LaCare is also reaching out to provide unmatched specialty care for women. We have a network of 163 OB/GYNs.

LaCare prides itself on understanding the unique needs of our members. We are building a network of 26 rural health and federally qualified health centers across Louisiana. We also provide access to a network of transportation providers. This means we can help members make scheduled appointments and promptly address medical emergencies.

With a statewide network of providers, LaCare is an advocate in the creation of innovative health and wellness solutions. Our mission is to improve the lives of individuals and communities in which it serves.

With LaCare you can keep all of your regular Medicaid benefits and get extra benefits and services at no cost to you!

Health Management Programs

Nurses teach you about and help you manage your asthma, diabetes, heart disease, lung disease, sickle cell, and pregnancy.

Extra Benefits

24-hour Nurse Help Line

Adult Dental: 1 yearly dental exam and cleaning for adults at no cost.

Adult Vision: 1 routine eye exam every 2 years for adults with \$10 co-pay; \$40 allowance (frame and lenses) for 1 pair eyeglasses for adults every 2 years.

LaCare Rewards: Free Over the Counter (OTC) products mailed directly to home for the following:

- All Member Households: Free products each year following plan orientation.
- *Diabetics:* Free products to members who get blood, blood pressure, and other yearly tests; additional products for getting a yearly eye exam.
- *High Blood Pressure:* Free products every quarter to members in high blood pressure management program who reach targets.
- Children Ages 3-18: Free products per child for parent/guardian of children who get yearly well-child check-ups.
- Pregnant moms: Free pre-natal/maternity items for reaching plan milestones.